



India Trip Information

CONTACT:

Global Hope India www.globalhopeindia.org

400 Fayetteville Street, #E

Raleigh, NC 27601

(919) 438-2444

info@globalhopeindia.org

DURATION/DATES:

Trips typically last 7-10 days and include at least 1 weekend. Specific dates will be determined by team members.

COST: \$2,600 per person which covers airfare and all in country expenses. Funds may be raised through support letters (see sample attached) to personal contacts and/or personal contributions. All gifts tax-deductible.

TEAM SIZE: 6-12 adults

MISSION TRIP DESCRIPTION:

India is a beautiful country of extreme contrast. If your team flies into Hyderabad International Airport, you will experience the second most expensive airport in the world. Within minutes of leaving the airport you'll see slum communities living in inhuman poverty. With 1.2 billion people, India is among the largest, poorest, neediest, and most undeveloped countries in the world. Half of the world's orphans live in India.

Our work centers around village development. We work with the native missionaries and leaders to empower their village to solve their own problems. We begin by addressing the 3 most basic needs: water, sanitation, and food. Teams help blitz these villages to gain trust and foster working relationships with the villagers. Everything we do is for the opportunity to demonstrate Jesus' love.

We value children, native missionaries, and compassion to the poor so you can expect to be involved in ministry to each of these whether it is a Bible club for children, a pastors conference for native missionaries, or distributing live chickens to the poor. We get out of our comfort zone and seek to join God in His work in the midst of real human need.

We will leverage the gifts and abilities of each individual team member. Whether you like leading in public or serving quietly behind the scenes, there is a huge need for you in India! All team members can expect to play with kids, befriend adults, and pray with people.

WHAT TO EXPECT:

24 hour flights to and from India; bottled water; beautiful people; happy children; hot climate; dusty roads; nerve racking travel; traffic congestion; people everywhere; exposure to severe poverty; spicy foods; some American fast food; 5 Star Chinese food; safe & clean hotel; running water; showers; English toilets (most of the time); one medium suitcase for your personal belongings; one large suitcase for supplies; wifi at hotel; laundry service at hotel; cold soft-drinks, but no ice; a ongoing week-long concert of prayer - **LIFE CHANGE!**

WHAT YOU WILL NEED:

Christ-like love and attitude; commitment to group unity and fun; flexibility; patience; hand sanitizer; wet wipes or toilet paper; rain poncho/shoes; low cost, modest, comfortable, and cool clothing; personal snacks and tastes from home; pillowcase and 2 flatsheets.

WHILE IN HYDERABAD WE STAY AT:

Swagath Grand Hotel www.swagathgrand.com

Opp.CCMB

Habsiguda, Hyderabad, 5000007

011-914027152666

Note: 011 is country code needed when calling India from outside India.

When not in Hyderabad we stay in comparable hotels.

IMPORTANT NUMBERS IN HYDERABAD INDIA:

011-919440940700 (Pastor Mathew Meager – GHI, India National Director)

011-919000404255 (Pastor Raja, one of our host pastors)

011-919490007716 (Pastor Raja)

Trip Prep Checklist



4 months Prior to Travel

- Application submitted
- Waiver & Release Agreement submitted
- Consent Form for Minors submitted (if applicable)
- Read *Revolution in World Missions* by K.P. Yohannon
- Support Letters Prepared and Sent
- Apply for Passport

3 months Prior to Travel

- Passport Obtained
- Apply for India Travel Visa
- India Travel Visa Obtained
- Half of Support Raised

2 months Prior to Travel

- \$2K in Account
- Team Airfare Secured (by GHI)
- Schedule Appointment for Vaccines
- Help collect Supplies (i.e. care bags, luggage, etc.)

1 month Prior to Travel

- Vaccines Obtained
- Fill Anti-Malaria Prescription
- Prepare Thank You Letters and Send to Sponsors
- Finish *Revolutions in World Missions*
- Provide copies of Passport and Visa to GHI

One Week Prior to Travel

- Begin Packing
- Begin Malaria Preventative

Passport and Visa



There are agencies to help you obtain your Passport and India Visa. Global Hope India has experience with World Travel Service, Inc. and recommends their services to facilitate your applications. They serve clients from around the world. Here is their contact information:

World Travel Service, Inc.

Chris Pankuch, Specialist
600 New Waverly Place, Suite 300
Cary, NC 27518
919.582.2777
www.worldtrav.com
cpankuch@worldtrav.com

HEPFUL LINKS:

US PASSPORT

<http://www.uspassport123.com>

<http://www.travel.state.gov/passport> Adult First Time Applicants (Age 16 Years and Older)

(In local NC area) Passport Application Service – BENSON (for faster service)

http://usps.whitepages.com/service/post_office/benson-402-s-market-st-benson-nc-1354673

402 S MARKET ST
BENSON, NC 27504-9998
(919) 894-6156

Passport Processing Hours & Passport Photo Hours

Mon-Fri 9:00am-11am and 2:00pm-4:00pm, Sat 9:00am-11:00am, Sun closed

An appointment to apply for a passport is **not** required at this Post Office location.

INDIA TRAVEL VISA

<http://india.travisa.com/VisalInstructions.aspx?CountryID=IN&>

An India Travel Visa is required for travel into the country. Provided you have a Passport, please submit your passport with an application for an India Visa. **IMPORTANT:** Passport must have a minimum validity of six months from the date of application with at least two blank visa pages. Last 2 amendment pages are not acceptable. You must send the actual passport, not a copy.

WHEN APPLYING FOR YOUR VISA:

IMPORTANT: You are going to India as TOURIST! Do not put Missionary Trip. This designation is for career missionaries and will potentially delay your Visa.

Your reference/contact in India is:

Raja Pratap Kumar Ch.

1-81-1, Street No. 5

Bapunagar, Saroornagar - Hyderabad, INDIA 500 035

You will need this information in order to apply for a Visa:

Expected date of departure from USA: _____

Expected date of arrival in India: _____

Port of arrival in India: Hyderabad

You will only need the one for 6 month entry unless of course you think you may go back within a year or within 5-10 years – WARNING: India Missions are addictive!

VISA APPLICATION REQUIREMENTS FOR MINORS (age 17 or younger)

- A copy of the child's birth certificate;
- A copy of both parents driver's license and signed passport;
- Signature of both parents on the application.

In the situation where there is only one parent, the parent must write a brief letter stating why only one parent is signing the applications. One of the following items are also required:

- Court documents reflecting custody of the minor;
- Copy of the death certificate.

Please visit: http://travel.state.gov/passport/get/minors/minors_834.html for more information and detailed instructions.



Sample Support Letter

Dear Friends:

God has opened the door for me to travel with Global Hope India on a mission trip to Hyderabad, India during (dates)_____. We'll be involved in rural village development working to empower native missionaries and leaders to solve their own problems in the villages. We begin by addressing the 3 most basic needs: water, sanitation, and food. Our team will help blitz these villages to gain trust and foster working relationships with the villagers.

With 1.2 billion people, India is among the largest, poorest, neediest, and most undeveloped countries in the world. Half of the world's orphans live in India. Whether it is a Bible club for children, a pastors conference for native missionaries, or distributing live chickens to a leper colony, we will get out of our comfort zone and seek to join God in His work in the midst of real human need. No doubt, it will be a life-changing experience for our team!

Your help is needed! This is a team project, and you are needed on the team too. First, we need your prayers for the spiritual needs ahead.

Second, we need your financial investment in God's work in India so that I may go. The total cost is \$2,600 per person. Anything you can do to support our trip is greatly needed and appreciated.

As you are led, please make your check payable to Global Hope India, place my name in the memo and mail it to Global Hope India – 400 Fayetteville Street, #E; Raleigh, NC 27601. You can also give online at www.globalhopeindia.org/donate. Please insert my name into the "note" section. GHI will send you a tax-deductible receipt.

Please let me know if you have any question. You are very important to me. Thank you for praying for me and the entire team and supporting God in His work in India!

Sincerely,

Global Hope India is a 501 (C) 3 tax-exempt organization providing lasting hope & measurable change to India.
Federal Tax ID: 22-3894982. For more information please visit www.globalhopeindia.org

Global Hope India • 400 Fayetteville Street, #E • Raleigh, NC 27601
(O): (919) GET2GHI Toll Free 1-800-HOPE4India www.globalhopeindia.org

Foreign Travel Immunizations

(Vaccines as recommended for people traveling abroad)



Wake County Health Center – Clinic E

<http://www.wakegov.com/humanservices/locations/sunnybrook.htm>

10 Sunnybrook Road, Raleigh

Call 919-250-3900 to make an appointment.

Monday through Friday by appointment only from 8:30-11:30 a.m. and 1-4 p.m.

For recorded travel information call the Travel Information Line: 919-250-3885

Passport Health

www.passporthealthtrianglenc.com

3100 Duraleigh Road, Suite 210

Raleigh, NC 27612

919-781-0053

8450 Chapel Hill Road, Suite 205

Cary, NC 27513

100 Park Drive, Suite 201

RTP, NC 27709

Here is the link to the CDC site: <http://wwwn.cdc.gov/travel/destinationIndia.aspx#vaccines>

For the most part we will be in metropolitan city areas although we may visit remote areas.

Unless you are up-to-date you will need:

- measles/mumps/rubella (MMR) vaccine
- diphtheria/pertussis/tetanus (DPT) vaccine
- polio vaccine
- Hepatitis A
- Typhoid

In addition, you will need a prescription for anti-Malaria meds to take before during and after the trip. Make sure to tell your doctor where you are going as the effectiveness of the Malaria meds depends upon which part of the world you are in. Unless you decide differently, you DO NOT need:

- Hepatitis B because we're not going to be purposefully coming in contact with blood or bodily fluids like medical professionals would.
- Japanese encephalitis because we're not going to be living in remote areas for 30+ days.
- Rabies vaccine because we're not purposefully going to be staying in remote areas or spending lots of time around animals.

PLEASE HAVE DOCUMENTATION OF YOUR VACCINES FOR CUSTOMS INCASE YOU ARE ASKED!



Health Guidelines

Drinking sealed, approved bottled water is safe. We provide as much water as you can drink. Start drinking water early in the day and continue throughout the day. Do not drink out of anyone's water bottle other than your own. If someone wants to drink from your water bottle, share the bottle the Indian style (ask anyone from Team India to explain).

Wash your hands or use anti-bacterial gel frequently but inconspicuously, especially before every meal. Avoid fruit that cannot be peeled, uncooked vegetables, salads, fruit juices, raw eggs, and uncooked meat or processed cheese.

Bring all customary medications with you in their **ORIGINAL** bottles and take them as directed.

Be aware of the intensity of the sun and temperatures. Apply sunblock frequently and dress at all times to avoid sunburn and heatstroke.

Do not take unnecessary physical risks and wear shoes at all times and gloves when necessary.

Adults - always take a partner with you when you are away from the group and communicate where you will be with the team leader. Stay on the hotel grounds unless you receive permission to leave. Be aware of your location and the people around you at all times. Students should never be outside the presence of one of the adults on the team.

Notify the team leader or seek professional help if you experience physical problems. These could include diarrhea lasting more than 12 hours, persistent cramps or vomiting, severe chills, or any other symptoms that are of medical concern.

Please stay away from and do not touch any local animals including insects, lizards, dogs, and other pets. They do not get vaccinated like our animals in the U.S. and could carry rabies.

Be conservative with physical limitations. Nobody should be a "hero." Do not push yourself too hard. Take frequent water breaks and get enough sleep.

Keep your medical cards and your passport on you at all times.

Bandage up your cuts immediately and do not touch anyone's cuts that are bleeding. First Aid kits will be available...use them.

PACKING & TRAVEL SUGGESTIONS



- Each person will have one medium suitcase and a small backpack/carry-on for their own clothing and personal items. Plan to carry another large suitcase for the group with supplies.
- Bring luggage with you that you do not mind getting damaged. Older suitcases and duffel bags are suggested.
- Mark your suitcases with a unique tag or ribbon making them easy to spot at the airport. Also, at the airport make sure to fill out a slip with your personal information and attach it to each bag.
- Pack lightly and efficiently. For example, do not bring items in your purse or wallets that are not necessary. Stuff your shoes with socks or underwear and roll your clothes to save space.
- Bring travel-sized containers of things like shampoo, soap and toothpaste.
- Do not pack knives, scissors or other objects that could be used as weapons in your carry-on luggage. Remember to check the FAA website at http://www.faa.gov/passengers/prepare_fly/ prior to departure for an updated list of restricted items.
- Bring clothes and other items that are used. Do not wear your best stuff.
- Leave enough room in your luggage for souvenirs.
- Bring ziplock bags for food items, personal items, etc.
- Bring personal pillowcase & 2 flat sheets to use.
- Carry one change of clothes and any essential items with you on the plane. If your luggage gets lost or delayed you will have the necessary items with you in your carry-on.
- Stick with a partner in the airport, and have all flight information and contact information with you in case you get separated.
- Come into the trip well rested and in good health! Get a good nights' rest the days leading up to the trip. Do not pull an all-nighter prior to the trip; you will not have the chance to catch up on sleep during the week. Come in well-rested for ministry and health reasons.
- Wear a money belt/passport wallet under your clothing and keep your passport and cash with you at all times.
- Do not wear shoes or boots for the first time on the trip. Break them in beforehand to avoid blisters.
- Leave a copy of your itinerary and emergency contact information with a family member or close friend at home.
- Do not plan on calling or emailing home. Our policy is: "no news is good news" while on the trip.
- Zip up your belongings before leaving the hotel.
- Plan on carrying a lightweight bookbag or strapbag at ALL TIMES with your personal items.

The Ultimate Overseas Packing List



Before leaving:

- Put vacation message on e-mail that says you will be without e-mail access for a few days
- Change voicemail on cell phone (if applicable)
- Check memory card in digital camera to make sure you have downloaded pictures and put new batteries in!
- Check to see if any library books are due/will be due while gone

Miscellaneous

- Cell Phone
- Cell Phone Charger
- Rechargeable batteries with charger
- **LOTS of extra double A batteries (hard to find/expensive overseas)**
- Umbrella
- Raincoat
- Flashlight
- **Small and large ziplock bags** (they don't sell these in other countries and you they will come in handy!)
- clothespins
- safety pins
- Plastic grocery bags
- **Extra smaller overnights bags/purses for traveling** (try to fit one in the bottom of your suitcase)
- Bug spray
- Dryer sheets (to keep bugs away & mask odors)
- Alarm clock w/ batteries
- Shower shoes
- Bedroom Slippers
- Bath and/or Beach Towel
- Bathcloth
- Bed Sheet
- Pillowcase
- **Sharpie marker(s)** (always come in handy!)
- Laundry detergent
- Febreeze
- Tums
- Plasticware
- Small blanket
- Paper towels/napkins
- Trashbags
- **Duct tape (can fix anything)**
- Paper/pens
- Notebook
- Playing Cards
- **UNO cards (can teach without words!)**
- Scotch tape
- Post It Notes
- Address book/stamps
- Stationary/stickers
- Address labels
- **Pictures of family/friends**
- Thank you notes
- Gifts from the states for Host/ess/friends you meet
- Movies/DVDs

Toiletries

- Shampoo and conditioner
- Shaving gel/cream
- Razor w/ extra blades
- Facewash
- Tissues
- Toothbrush
- Toothpaste
- Lotion
- Bathgel
- Deodorant
- Facepads
- Sunscreen
- Tampons
- Band-aids
- Nail clippers
- Nail polish and remover
- Tweezers
- Scissors
- Mirror
- Brushes (straight and curling)
- Hairclip
- Hairties
- Hairdryer (buy in country)
- Toilet paper - carry at all times!
- Baby powder
- hand soap
- hand sanitizer
- small cups

Clothes

- T-shirts
- Sofie shorts
- Pajama pants

- Long sleeve t-shirt
- Underwear
- Bras
- Socks
- Bathing suit
- Tennis shoes
- Rainbows
- Birkenstocks
- Scarves
- Cuddleduds
- Sweatshirts
- Jeans
- Skirts
- Gauchos/Capris

Things to Pack in a Carry On Bag

- **Passport (overseas travel)**
- Photo ID
- Money
- **Credit Card** (call company)
- Small wallet/change purse
- Sunglasses
- Computer/charger
- Camera/charger
- Gum (minty and fruity)
- Chapstick
- Mini playing cards
- Advil
- Melatonin
- Water bottle/Nalgene
- Pens/Pencil/Sharpies
- Highlighters

- Paper/Markers
- Sudoku
- Crosswords
- Wordsearch
- **Bible**
- Journal
- Books
- Eye Mask for sleeping
- Headphones
- **Portable CD Player**
- CD's
- Magazines
- Calendar/Planner
- Knitting
- Hand Sanitizer
- Lotion
- Small Notebook
- Cushie for sleeping
- Snacks
- Candy

Food

- Any special food that you may not find overseas
- Goldfish
- Fruit snacks
- Mini Oreos/Milanos
- Granola bars
- Jar of Peanut butter
- Ritz crackers
- Instant oatmeal
- Chex Mix
- Pretzels
- Pringles
- Raisins
- Crystal Light packet

15 WAYS TO RUIN THE TRIP OF A LIFETIME



1. Being a loner. Going off by yourself or with one or two others. Not getting to know the other team members or nationals.
2. Expecting things will be done in the way things are done in the United States and making suggestions as to how to do things better.
3. Being inflexible. Complaining and whining when things do not go as expected.
4. Not eating the food of the country you are visiting. Making jokes about how bad it tastes and what it looks like and then sneaking off to find American food.
5. Staying up late talking and not getting enough sleep.
6. Looking for ways in which this trip will benefit you instead of how you can serve others.
7. Pointing out the negative side of people on your team and those you are visiting.
8. Coming unprepared for ministry. Just standing around while everyone else puts forth effort.
9. Not trying anything new. Staying in your comfort zone.
10. Expecting everything will run smoothly and be done exactly as we would do things in the United States.
11. Not finding Prayer Partners. Not praying for our upcoming trip. Not praying for the trip preparations and logistics. And NOT praying during your trip.
12. Always sitting with the same people on the bus and hang out with same group members. Not making an effort to get to know people you don't know well.
13. Not taking the sun seriously. Rarely drinking water and never applying sunblock.
14. Constantly making suggestions as to how to run the trip better instead of being a team player and going with the flow.
15. Not reading through this handbook and never journaling!



WHY ME?

- Fulfill the Great Commission (Matthew 28)
- Experience the worldwide body of Christ
- Invest in the lives of those less fortunate than you
- Deepen your walk with Jesus Christ
- View the world from a whole new perspective
- Use the gifts God has given you for His purpose
- Experience a different country, culture and people
- Build life-long relationships with your team members
- Care for people in need
- Encourage the Christians and the Christian churches of a foreign country
- Fulfill a dream of going on a mission trip
- Learn to rely on God for all your needs